Instructions for Prometrium (Micronized Progesterone)

- Micronized progesterone is used to thicken the lining of your uterus (endometrium) after IUI/IVF/FET procedures.
- Take Prometrium vaginally, even though the tablets are manufactured for oral use.
- Insert 2 tablets 3 times a day.
- After inserting the tablets, rest for about 10-15 minutes to allow the medication to be securely absorbed.